## MONTH AT A GLANCE PARENTING ON THE CO. APRIL 2024

Building Trust with Youth

Most youth who experience abuse will never report it to anyone due to a lack of trusting relationships with adults. This training will equip

caregivers to interact with youth in ways that make them feel safe, respected, and valued, which in turn allows children/teens to seek them out when help is needed.

Johnson DAEP Door #2, 6 to 7:30 p.m.

**Depression and Suicide Prevention** 

This presentation includes a straight talk about adolescent depression and suicide prevention, along with positive coping skills to build mental wellness.

Johnson DAEP Door #2, 6 to 7:30 p.m.

**Embracing SEL and STEM Mindset** 

Families will discover the transformative impact of Social-Emotional Learning (SEL) and the STEM mindset. Learn how these powerful tools empower your child to navigate life's challenges with resilience and creativity. From building emotional intelligence to fostering a love for science, technology, engineering, and math, we'll guide you in creating a supportive environment for your child's holistic growth.

Education Center and virtual, 6 to 7:30 p.m.



Learn more about all of our upcoming events on our website

